

NEW IN 2026!



Join us for fitAbility!



Taught by a licensed clinician and seasoned group fitness instructor, fitAbility is a new program designed for young adults with developmental delay, cerebral palsy, Autism spectrum disorder, and related conditions. Classes will address important skills, such as bilateral coordination, gross and fine motor skills, agility, balance, motor planning, strength, and endurance. Participants must have a caregiver with them at all times during each class.

WHEN

Every Tuesday and
Thursday from
3:30 - 4:15pm

WHERE

NeuroBalance Center
1529 S. Grove Avenue
Barrington, IL 60010

Limited to 8 participants!
CALL to get started
TODAY!
(847) 800-6162



NEUROBALANCE
CENTER

All new clients must complete a 45-minute Initial Assessment (\$25) before starting services with NBC. Includes one free Group Fitness Class (excludes fitCircuit)